

Foot Traffic Youth Cross Country Meet

Championship Meet Details



TEAM RESULTS CATEGORIES and SCHEDULE:

*Team trophies/awards for top three in each category below.

RACE ONE: 5:00pm

3rd/4th Grade boys (combined grades for team results)

3rd/4th Grade girls (combined grades for team results)

RACE TWO: 5:15pm

5th/6th Grade boys (combined grades for team results)

5th/6th Grade girls (combined grades for team results)

RACE THREE: 5:30pm

7th/8th GRADE GIRLS (combined grades for team results)

RACE FOUR: 5:45pm

7th/8th GRADE BOYS (combined grades for team results)

INDIVIDUAL AWARDS:

- Wood medals for top three in each race/gender.
- Finisher ribbons for all finishers!

RULES/SCORING INSTRUCTIONS:

- Scoring will be done for TOP 4 in the 3/4th grade race and 5th/6th grade race.
- Scoring will be done for TOP 5 in the 7th/8th grade race.
- Your athletes can run “up” to the next grade but not “down.” For example, if you have a 6th grader that you want to run up to the 7th/8th grade race, they can join that race and combine to make your team. However, you CANNOT have a 7th grader run in the 5/6th grade race to make a team.
- Results are tallied by handing out PLACE CARDS to each athlete.
 - PLEASE INSTRUCT YOUR ATHLETES TO BRING THESE CARDS TO THE HEAD COACH IMMEDIATELY AFTER THEIR RACE!
 - Coaches then hand results card to our results coordinator to input your team’s results and tally your score.
- There will be NO individual results (ie. No times for each runner) given that this would require pre-registration to be done effectively. We continue to do this to keep the spirit of the “all-comer” and all-access approach at our meets. We have found that pre-registration limits some of our less organized, but growing, smaller teams and individuals that are just getting introduced to the sport. For some of these programs and families, access to information and time to organize is limited and we don’t want to create any barriers to entry.
- We WILL have our clock running so parents and coaches can remember to view the clock as their athletes finish for their own personal record keeping! We will make additional efforts to make sure this clock is functional at the championship race!

QUESTIONS? sean@foottraffic.us, 503.284.0345. Or visit www.foottraffic.us/x-country-meets