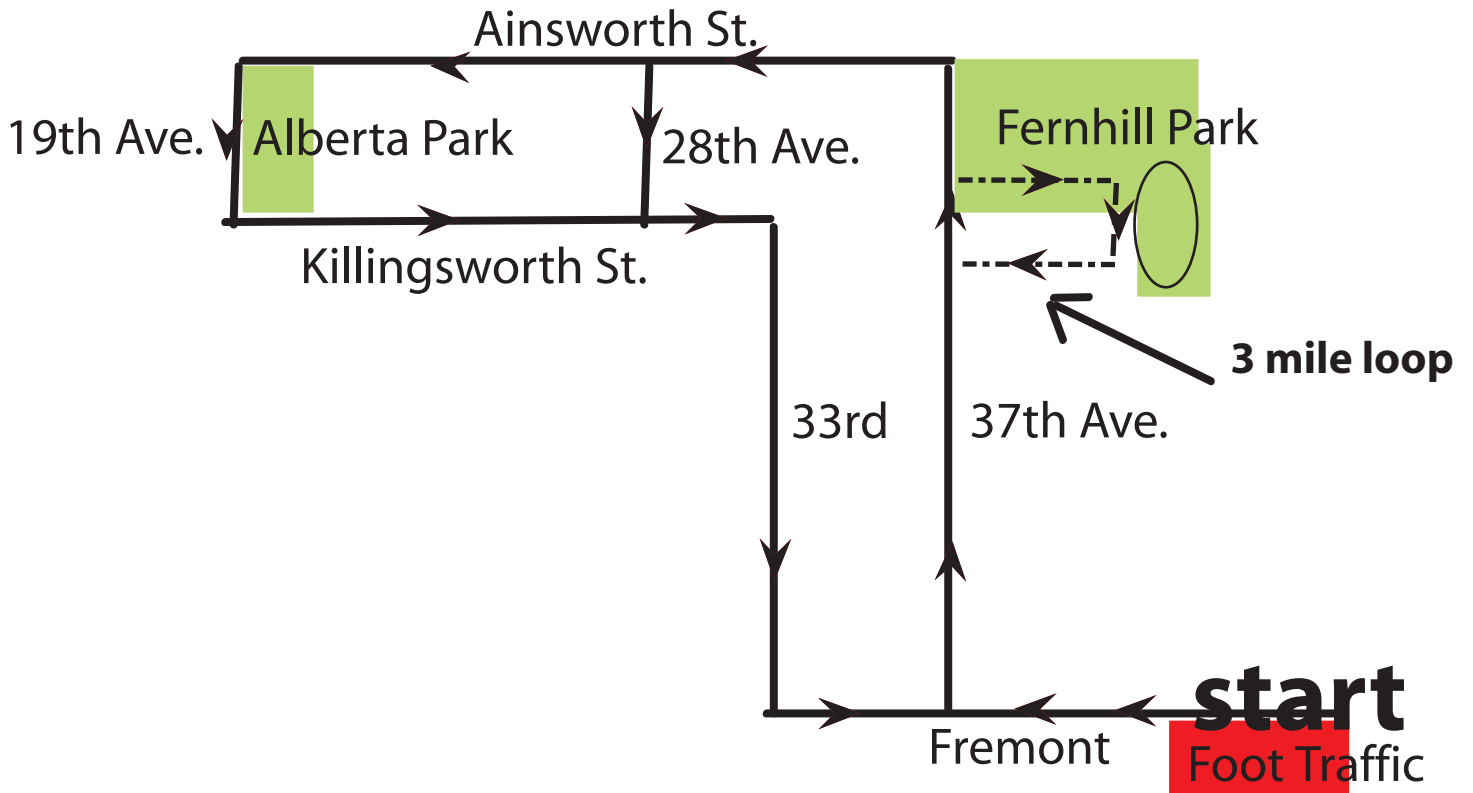


3 mile loop: Down 37th to Fernhill Park and back.

4 mile loop: Cut off loop at 28th.

5 mile loop: Go down to 19th before heading back.

3/4/5 MILES



6 mile loop: does one loop around Wilshire Park.

7 mile loop: does a one loop around Grant Park and Wilshire Park

6/7 miles

